

Dana Hills vs Capistrano Valley - 3/4/2020

Dana Hills HS

Results

Event 1 Girls 1600 Meter Run Frosh Soph

Name	Year	School	Finals
Section 1			
1 Beck, Kendra	10	Capo Valley	5:45.93
2 Kazemipour, Bahiyiyih	10	Capo Valley	5:51.72
3 Vander Zanden, Ave	10	Dana Hills	5:52.29
4 McConathy, Midori	10	Capo Valley	6:00.96
5 Chernekoff, Lexi	9	Dana Hills	6:12.06
6 Cochran, Ella	9	Dana Hills	6:12.60
7 Miller, Grace	9	Dana Hills	6:14.29
8 Lopez, Angie	9	Dana Hills	6:17.25
9 Daly, Katie	9	Dana Hills	6:23.70
10 Van Leeuwen, Avalon	9	Dana Hills	6:27.22
11 Zamudio, Frida	10	Dana Hills	6:27.29
12 Enriquez, Paloma	10	Dana Hills	6:29.74
13 Freedberg, Dani	9	Dana Hills	6:30.62
14 Rich, Jamie	9	Dana Hills	6:31.37
15 Beavin, Ryan	9	Dana Hills	7:02.27
16 Rivera, Nicole	10	Dana Hills	7:03.23

Event 2 Boys 1600 Meter Run Frosh Soph

Name	Year	School	Finals
1 Mordy, Brandon	9	Capo Valley	4:42.97
2 Vergara, Diego	10	Capo Valley	4:44.85
3 Stevens, Jack	9	Capo Valley	4:46.73
4 Burke, Nick	10	Dana Hills	4:54.37
5 Scheer, Nathan	10	Dana Hills	4:55.86
6 Landgraf, Jude	9	Dana Hills	4:56.67
7 Rock, Austin	10	Dana Hills	4:57.87
8 Warsi, Umer	10	Capo Valley	4:58.17
9 Jones, Jack	9	Dana Hills	5:00.61
10 Bird, James	10	Capo Valley	5:02.80
11 Loya, Gustavo	10	Dana Hills	5:04.47
12 Mealia, Ryan	9	Capo Valley	5:06.91
13 Corsinita, Luke	10	Capo Valley	5:10.42
14 Morataya, Ivan	10	Capo Valley	5:10.79
15 Alvillar, Robert	9	Dana Hills	5:13.65
16 Gutierrez, Matthew	9	Capo Valley	5:16.16
17 Rosario Atanacio, Jahir	10	Capo Valley	5:16.51
18 Swan, Jacob	9	Capo Valley	5:16.75
19 Franco, Alex	9	Capo Valley	5:16.82
20 Ximello, Martin	9	Dana Hills	5:18.39
21 Chernekoff, Josh	9	Dana Hills	5:19.72
22 Haskins, Jake	9	Dana Hills	5:21.07
23 Phoenix, Braden	9	Capo Valley	5:21.36
24 Hunter, Sam	9	Dana Hills	5:24.23
25 Farah, Jack	9	Dana Hills	5:31.35
26 Ivory, Owen	9	Dana Hills	5:33.41



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Dana Hills HS

Results

....Event 2 Boys 1600 Meter Run Frosh Soph

27 Shenoy, Rahul 9 Dana Hills 6:05.06

Event 3 Girls 4x100 Meter Relay Frosh Soph

School	Finals
1 Dana Hills 'A'	53.37
1) Brown, Karina 10	2) Schmitt, Ava 9
3) Carlier, Emily 9	4) Gable, Mea 10
2 Capo Valley 'A'	55.97
1) Mobley, Cydney 10	2) Brull, Annie 10
3) Fadda, Salma 10	4) Blewett, Erin 10

Event 4 Girls 4x100 Meter Relay Varsity

School	Finals
1 Dana Hills 'A'	49.86
1) Boskovich, Leah 12	2) Arsenault, Ashley 10
3) Frederiksen, Sienna 10	4) Toole, Camryn 11
2 Capo Valley 'A'	53.09
1) Kratz, Noel 11	2) Huetter, Mya 12
3) Polak, Karina 10	4) Livadas, Melina 10

Event 5 Boys 4x100 Meter Relay Frosh Soph

School	Finals
1 Dana Hills 'A'	48.68
1) Abrams, Graham 10	2) Corral, Troy 9
3) Doran, Nathan 10	4) Gaetano, Michael 9
2 Capo Valley 'A'	48.70
1) Reyes, Michael 10	2) Kukuk, Bruce 9
3) Zhao, Alex 9	4) Tolmasoff, Daniel 10

Event 6 Boys 4x100 Meter Relay Varsity

School	Finals
1 Dana Hills 'A'	47.61
1) Kraushaar, Nicholas 12	2) Walter, Chase 12
3) De La Fuente, Andrew 12	4) Vuong, Jordan 12
2 Capo Valley 'A'	49.88
1) Kargari, Dylan 12	2) Cook, Hayden 11
3) Chervanka, Josh 11	4) Therrien, Dylan 11



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Results

Event 7 Girls 1600 Meter Run Varsity

Name	Year	School	Finals
1 Markow, Allura	9	Dana Hills	5:15.34
2 Gaitan, Marisa	12	Dana Hills	5:19.91
3 Trueman, Shannon	11	Capo Valley	5:39.41
4 Kroger, Hailey	12	Capo Valley	5:48.65
5 Heller, Madeline	11	Capo Valley	5:53.91
6 Murray, Peyton	11	Dana Hills	6:09.92
7 Saalberg, Olivia	12	Capo Valley	6:40.89
8 Nicholson, Azadeh	11	Dana Hills	7:15.46

Event 8 Boys 1600 Meter Run Varsity

Name	Year	School	Finals
1 Boos, Justin	11	Dana Hills	4:42.47
2 Johnson, Ethan	11	Dana Hills	4:48.02
3 Hernandez, Edward	11	Dana Hills	4:49.15
4 Ward, Gavin	12	Dana Hills	4:54.17
5 Grimes, Alex	11	Capo Valley	4:54.31
6 Landgraf, Finn	12	Dana Hills	4:59.50
7 Fodor, John	11	Dana Hills	5:01.68
8 Valdez, Cristoff	11	Dana Hills	5:05.89
9 Kane, Gabriel	12	Capo Valley	5:45.34
10 Narang, Akhil	11	Capo Valley	5:53.42

Event 9 Girls 100 Meter Hurdles Frosh Soph

Name	Year	School	Finals
Section 1 Wind: -0.2			
1 Saline, Natalie	10	Dana Hills	18.93
2 Huynh, Kason	9	Capo Valley	20.39
3 Smith, Emma	9	Capo Valley	20.55
4 Williams, Delany	9	Dana Hills	21.17
5 Every, Ella	9	Capo Valley	21.56
6 Leydecker, Ella	10	Dana Hills	21.70
7 Chen, Jieen	9	Capo Valley	22.23
Section 2 Wind: NWI			
1 Lanzon, Ava	9	Dana Hills	21.78

Event 10 Girls 100 Meter Hurdles Varsity

Name	Year	School	Finals
Section 1 Wind: 0.9			
1 Huetter, Mya	12	Capo Valley	16.25
2 Hoff, Tatum	10	Dana Hills	16.79
3 Christian, Taya	11	Capo Valley	17.45
4 Sanger, Ally	10	Capo Valley	19.00



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Results

....Event 10 Girls 100 Meter Hurdles Varsity

5 Zaharek, Regan 10 Dana Hills 19.21

Event 11 Boys 110 Meter Hurdles Frosh Soph

Name	Year	School	Finals
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Section 1 Wind: 1.5

1 Darsow, Shane	10	Capo Valley	21.14
2 Gwyn, Nicholas	9	Capo Valley	21.35
3 Patil, Arjun	9	Capo Valley	21.78
4 Gardner, Wesley	9	Capo Valley	24.32
5 Brougham, Cullen	9	Dana Hills	30.49

Event 12 Boys 110 Meter Hurdles Varsity

Name	Year	School	Finals
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Section 1 Wind: 0.4

1 Locklear, Reid	11	Dana Hills	16.45
2 Ellis, Jason	11	Dana Hills	17.38
3 Lee, Brayden	11	Dana Hills	17.81
4 Huetter, Hunter	12	Capo Valley	18.04
5 Domingot, Joseph	11	Dana Hills	19.57
6 Woelfel, Aidan	11	Dana Hills	20.60

Event 13 Girls 400 Meter Run Frosh Soph

Name	Year	School	Finals
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Section 1

1 Mobley, Cydney	10	Capo Valley	1:08.24
2 Rowan, Ava	9	Dana Hills	1:08.75
3 Whitten, Olivia	10	Dana Hills	1:10.12
4 Reynosa, Anna	10	Dana Hills	1:12.36
5 Treichler, Camille	9	Dana Hills	1:13.52
6 Casey, Roxanne	9	Capo Valley	1:16.87

Section 2

1 Martin, Emerson	10	Capo Valley	1:10.06
2 Janssen, Elisabeth	9	Capo Valley	1:10.09

Event 14 Girls 400 Meter Run Varsity

Name	Year	School	Finals
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Section 1

1 Berryman, Baylee	10	Capo Valley	1:00.22
2 Podolski, Ava	10	Dana Hills	1:02.41
3 Moreno, Ana	10	Dana Hills	1:05.91
4 Garabedian, Elizabeth	12	Capo Valley	1:09.09



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Results

Event 15 Boys 400 Meter Run Frosh Soph

Name	Year	School	Finals
Section 2			
1 Edwards, Kellen	10	Capo Valley	57.03
2 Salvaggio, Joeseeph	10	Dana Hills	57.72
3 Salehi, Arian	9	Capo Valley	59.16
4 Vazquez, Oscar	9	Capo Valley	59.86
5 Montero, Aaron	9	Dana Hills	1:00.49
6 Gaetano, Michael	9	Dana Hills	1:02.08
7 Abrams, Graham	10	Dana Hills	1:04.36
Section 3			
1 Liu, Jason	10	Capo Valley	58.20
2 Fink, Nicholas	10	Capo Valley	58.68
3 Galindo, Emanuel	9	Dana Hills	59.22
4 Galvan, Alejandro	10	Capo Valley	59.62
Section 3			
1 Le, Michael	9	Capo Valley	59.32
2 Kukuk, Bruce	9	Capo Valley	59.97
3 Van Boerum, Ethan	9	Capo Valley	1:02.16
4 Franco, Alex	9	Capo Valley	1:02.72

Event 16 Boys 400 Meter Run Varsity

Name	Year	School	Finals
Section 1			
1 Butterfield, Nathaniel	11	Dana Hills	54.09
2 Edwards, Jaden	12	Capo Valley	55.00
3 Kabbani, Rami	10	Dana Hills	58.12
4 Ahad, Jonah	11	Dana Hills	58.75
5 Saadeh, Houssin	10	Capo Valley	58.84
6 Vazquez, Christian	11	Capo Valley	59.83
7 Hundley, Ty	11	Capo Valley	1:06.19
Section 2			
1 Hale, Jonathan	12	Dana Hills	53.42

Event 17 Girls 100 Meter Dash Frosh Soph

Name	Year	School	Finals
Section 1 Wind: 0.2			
1 Brown, Karina	10	Dana Hills	13.57
2 Schmitt, Ava	9	Dana Hills	13.74
3 Fadda, Salma	10	Capo Valley	14.23
4 Taravaran, Monette	10	Dana Hills	14.33
5 Saline, Natalie	10	Dana Hills	14.44
6 Brull, Annie	10	Capo Valley	14.68
7 Irvani, Nikki	9	Capo Valley	14.84
8 Blewett, Erin	10	Capo Valley	14.98
Section 2 Wind: -0.1			
1 Carlier, Emily	9	Dana Hills	14.43



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...Event 17 Girls 100 Meter Dash Frosh Soph

2	Bravo, Sophia	9	Dana Hills	15.21
3	Rowan, Ava	9	Dana Hills	15.93
4	Campos, Francesca	9	Dana Hills	16.27
5	Polanco, Jazmine	9	Capo Valley	16.44
6	Green, Anijah	9	Capo Valley	18.89

Event 18 Girls 100 Meter Dash Varsity

Name	Year	School	Finals
Section 1 Wind: -0.2			
1	Livadas, Melina	10	Capo Valley 12.93
2	Frederiksen, Sienna	10	Dana Hills 13.07
3	Toole, Camryn	11	Dana Hills 13.25
4	Arsenault, Ashley	10	Dana Hills 13.34
5	Polak, Karina	10	Capo Valley 14.77
6	Kratz, Noel	11	Capo Valley 14.94
7	Bergman, Jessica	11	Capo Valley 15.33
8	Pelletier, Margaux	11	Capo Valley 16.07

Event 19 Boys 100 Meter Dash Frosh Soph

Name	Year	School	Finals
Section 1 Wind: 0.2			
1	Scott, Devin	9	Dana Hills 12.34
2	Zhao, Alex	9	Capo Valley 12.56
3	DE Soto, Eric	10	Dana Hills 12.80
4	Doran, Nathan	10	Dana Hills 12.83
5	Corral, Troy	9	Dana Hills 12.93
6	Nguyen, Baokhoi	9	Capo Valley 13.05
7	Reyes, Michael	10	Capo Valley 13.09
8	Bartlett, Connor	9	Capo Valley 13.26
Section 2 Wind: 0.5			
1	Chapman, Calvin	9	Capo Valley 12.66
2	Semaan, Ryan	9	Capo Valley 13.28
3	Alkatib, Aouse	9	Capo Valley 13.38
4	Vong, Deven	9	Capo Valley 13.39

Event 20 Boys 100 Meter Dash Varsity

Name	Year	School	Finals
Section 1 Wind: 0.8			
1	Walter, Chase	12	Dana Hills 11.27
2	Cook, Hayden	11	Capo Valley 11.32
3	Vuong, Jordan	12	Dana Hills 11.64
4	De La Fuente, Andrew	12	Dana Hills 11.65
5	Begando, James	11	Capo Valley 11.92
6	Kraushaar, Nicholas	12	Dana Hills 12.07



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....Event 20 Boys 100 Meter Dash Varsity

7 Salceda, Victor	12	Capo Valley	12.17
8 Stemen, Noah	11	Capo Valley	12.36
Section 2 Wind: 0.4			
1 Therrien, Dylan	11	Capo Valley	12.65
2 Chervanka, Josh	11	Capo Valley	12.84
3 Momen, Vandad	11	Capo Valley	13.60

Event 21 Girls 800 Meter Run Frosh Soph

Name	Year	School	Finals
Section 1			
1 Germain, Ali	10	Dana Hills	2:38.35
2 Nemeth, Olivia	9	Dana Hills	2:39.05
3 Garcia, Carly	10	Dana Hills	2:42.04
4 Ott, Zoe	9	Dana Hills	2:44.59
5 Johnson, Jessica	9	Capo Valley	2:45.08
6 Janssen, Elisabeth	9	Capo Valley	2:45.28
7 Coffman, Brooke	9	Dana Hills	2:47.53
8 Martin, Emerson	10	Capo Valley	2:48.57
9 Exceen, Ava	10	Dana Hills	2:51.31
10 Shapero, Sophie	10	Dana Hills	3:00.10
11 Brian, Avery	9	Dana Hills	3:09.82
12 McBride, MACY	9	Dana Hills	3:09.82
13 Rivera, Nicole	10	Dana Hills	3:15.78

Event 22 Girls 800 Meter Run Varsity

Name	Year	School	Finals
1 Corsinita, Carly	12	Capo Valley	2:27.32
2 Fulkerson, Samantha	11	Capo Valley	2:36.68
3 Brian, Eliza	12	Dana Hills	2:40.52
4 White, Felicia	12	Dana Hills	2:42.73
5 Kahle, Kassondra	11	Dana Hills	2:46.94
-- Kubalsky, Harriet	12	Dana Hills	DNF

Event 23 Boys 800 Meter Run Frosh Soph

Name	Year	School	Finals
1 Gunderson, Dan	10	Dana Hills	2:11.57
2 Gunderson, Jack	10	Dana Hills	2:12.83
3 Clark, John	10	Dana Hills	2:17.52
4 Tanner, Jack	9	Dana Hills	2:22.67
5 Mooney, Michael	10	Dana Hills	2:23.10
6 Sanchez, Esteban	10	Dana Hills	2:23.27
7 Gutierrez, Matthew	9	Capo Valley	2:23.68
8 Vergara, Diego	10	Capo Valley	2:23.84
9 Rosario Atanacio, Jahir	10	Capo Valley	2:24.21



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...Event 23 Boys 800 Meter Run Frosh Soph

10	Loya, Gustavo	10	Dana Hills	2:25.17
11	Morataya, Ivan	10	Capo Valley	2:25.51
12	Grassmann, Derrick	9	Dana Hills	2:26.26
13	Chernekov, Josh	9	Dana Hills	2:26.33
14	Corsinita, Luke	10	Capo Valley	2:26.53
15	Farah, Jack	9	Dana Hills	2:31.12
16	Phoenix, Braden	9	Capo Valley	2:31.16
17	Lott, Liam	9	Dana Hills	2:31.44
18	Shenoy, Rahul	9	Dana Hills	2:53.96

Event 24 Boys 800 Meter Run Varsity

Name	Year	School	Finals	
1	O'Melveny, John	12	Dana Hills	2:05.16
2	Zoch, Gunner	11	Dana Hills	2:14.35
3	Xia, Brandon	11	Capo Valley	2:15.23
4	Gouger, Wyatt	11	Dana Hills	2:18.87
5	Valdez, Cristoff	11	Dana Hills	2:20.07
6	Keyvan, Iman	11	Dana Hills	2:21.32
7	Lawrence, Addison	12	Dana Hills	2:24.43
8	Kane, Gabriel	12	Capo Valley	2:34.98
9	Narang, Akhil	11	Capo Valley	2:44.03

Event 25 Girls 300 Meter Hurdles Frosh Soph

Name	Year	School	Finals	
1	Schmitt, Ava	9	Dana Hills	52.09
2	Huynh, Kason	9	Capo Valley	55.88
3	Lanzon, Ava	9	Dana Hills	57.94
4	Leydecker, Ella	10	Dana Hills	58.63
5	Blewett, Erin	10	Capo Valley	1:00.13
6	Williams, Delany	9	Dana Hills	1:04.95
7	Vong, Brilee	10	Capo Valley	1:07.55
8	Chen, Jieen	9	Capo Valley	1:10.10

Event 26 Girls 300 Meter Hurdles Varsity

Name	Year	School	Finals	
1	Arsenault, Ashley	10	Dana Hills	51.52
2	Sanger, Ally	10	Capo Valley	53.23
3	Zaharek, Regan	10	Dana Hills	55.19
4	Armbrust, Kate	10	Capo Valley	55.36
5	Dade, Dorothy	12	Capo Valley	1:05.76



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Results

Event 27 Boys 300 Meter Hurdles Frosh Soph

Name	Year	School	Finals
1 Darsow, Shane	10	Capo Valley	51.53
2 Gwyn, Nicholas	9	Capo Valley	51.84
3 Patil, Arjun	9	Capo Valley	53.70
4 Straus, Brian	9	Capo Valley	54.63
5 Spear, Andrew	10	Capo Valley	54.76
6 Brougham, Cullen	9	Dana Hills	1:05.92

Event 28 Boys 300 Meter Hurdles Varsity

Name	Year	School	Finals
1 Edwards, Jaden	12	Capo Valley	40.97
2 Locklear, Reid	11	Dana Hills	41.40
3 Ellis, Jason	11	Dana Hills	44.82
4 Schaaf, Slater	12	Capo Valley	50.98
Section 2			
1 Lee, Brayden	11	Dana Hills	46.23
2 Woelfel, Aidan	11	Dana Hills	49.18
3 Domingot, Joseph	11	Dana Hills	51.20

Event 29 Girls 200 Meter Dash Frosh Soph

Name	Year	School	Finals
Section 1 Wind: 0.4			
1 Brown, Karina	10	Dana Hills	28.86
2 Fadda, Salma	10	Capo Valley	30.35
3 Mobley, Cydney	10	Capo Valley	30.64
4 Brull, Annie	10	Capo Valley	30.71
5 Lazatin, Leia	9	Capo Valley	30.91
6 Bravo, Sophia	9	Dana Hills	32.07
7 Treichler, Camille	9	Dana Hills	33.23
8 Campos, Francesca	9	Dana Hills	33.70
Section 2 Wind: 0.5			
1 Whitten, Olivia	10	Dana Hills	29.50
2 Reynosa, Anna	10	Dana Hills	29.54
3 Carlier, Emily	9	Dana Hills	30.54
4 Henschel, Olivia	9	Capo Valley	31.30 31.291
5 Kao, Amanda	9	Capo Valley	31.30 31.299
6 Casey, Roxanne	9	Capo Valley	31.34
7 Irvani, Nikki	9	Capo Valley	32.29
8 Rowan, Ava	9	Dana Hills	32.99
Section 3 Wind: 0.3			
1 Taravarar, Monette	10	Dana Hills	29.73
2 Polanco, Jazmine	9	Capo Valley	34.70



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Results

Event 30 Girls 200 Meter Dash Varsity

Name	Year	School	Finals
Section 1 Wind: 0.4			
1 Frederiksen, Sienna	10	Dana Hills	26.51
2 Boskovich, Leah	12	Dana Hills	27.26
3 Toole, Camryn	11	Dana Hills	27.54
4 Hoff, Tatum	10	Dana Hills	28.49
5 Garabedian, Elizabeth	12	Capo Valley	30.33
Section 2 Wind: NWI			
1 Podolski, Ava	10	Dana Hills	27.69
2 Moreno, Ana	10	Dana Hills	28.82

Event 31 Boys 200 Meter Dash Frosh Soph

Name	Year	School	Finals
Section 1 Wind: 0.6			
1 Tolmasoff, Daniel	10	Capo Valley	25.19
2 Scott, Devin	9	Dana Hills	25.60
3 Salvaggio, Joeseeph	10	Dana Hills	26.11
4 Doran, Nathan	10	Dana Hills	26.35
5 Nguyen, Baokhoi	9	Capo Valley	26.70
6 Gaetano, Michael	9	Dana Hills	26.93
Section 2 Wind: 0.8			
1 Abrams, Graham	10	Dana Hills	25.94
2 Salehi, Arian	9	Capo Valley	26.42
3 Galindo, Emanuel	9	Dana Hills	26.50
4 Le, Michael	9	Capo Valley	26.75
5 Galvan, Alejandro	10	Capo Valley	26.96
6 Montero, Aaron	9	Dana Hills	27.28
Section 3 Wind: 0.3			
1 Semaan, Ryan	9	Capo Valley	27.05
2 Bartlett, Connor	9	Capo Valley	27.34
3 Vong, Deven	9	Capo Valley	27.40
4 Vazquez, Oscar	9	Capo Valley	27.71
5 Alkatib, Aouse	9	Capo Valley	28.08
6 Van Boerum, Ethan	9	Capo Valley	28.12
7 Gardner, Wesley	9	Capo Valley	28.60

Event 32 Boys 200 Meter Dash Varsity

Name	Year	School	Finals
Section 1 Wind: 0.2			
1 Walter, Chase	12	Dana Hills	22.65
2 Vuong, Jordan	12	Dana Hills	23.45
3 De La Fuente, Andrew	12	Dana Hills	23.61
4 Kraushaar, Nicholas	12	Dana Hills	24.40
5 Salceda, Steven	11	Capo Valley	24.68
6 Chervanka, Josh	11	Capo Valley	26.36



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Results

....Event 32 Boys 200 Meter Dash Varsity

7 Therrien, Dylan	11	Capo Valley	26.39
Section 2 Wind: 0.6			
1 Butterfield, Nathaniel	11	Dana Hills	24.82
2 Ahad, Jonah	11	Dana Hills	25.39
3 Kabbani, Rami	10	Dana Hills	25.77
4 Vazquez, Christian	11	Capo Valley	26.31

Event 33 Girls 3200 Meter Run Frosh Soph

Name	Year	School	Finals
Section 1			
1 Nemeth, Olivia	9	Dana Hills	12:43.13
2 Ott, Zoe	9	Dana Hills	12:56.74
3 Miller, Grace	9	Dana Hills	13:35.70
4 Cochran, Ella	9	Dana Hills	13:36.95
5 Daly, Katie	9	Dana Hills	13:38.41
6 Coffman, Brooke	9	Dana Hills	13:51.17
7 Van Leeuwen, Avalon	9	Dana Hills	13:54.08
8 Shapero, Sophie	10	Dana Hills	13:57.75
9 Exceen, Ava	10	Dana Hills	14:11.54
10 Zamudio, Frida	10	Dana Hills	14:13.19
11 Rich, Jamie	9	Dana Hills	14:15.54
12 Brian, Avery	9	Dana Hills	14:53.34
13 Freedberg, Dani	9	Dana Hills	15:09.87
14 McBride, MACY	9	Dana Hills	15:15.39
15 Beavin, Ryan	9	Dana Hills	15:45.81

Event 34 Girls 3200 Meter Run Varsity

Name	Year	School	Finals
1 Kahle, Kassondra	11	Dana Hills	12:39.44

Event 35 Boys 3200 Meter Run Frosh Soph

Name	Year	School	Finals
1 Landgraf, Jude	9	Dana Hills	10:46.87
2 Rock, Austin	10	Dana Hills	11:06.13
3 Clark, John	10	Dana Hills	11:07.26
4 Gunderson, Dan	10	Dana Hills	11:15.20
5 Jones, Jack	9	Dana Hills	11:15.55
6 Tanner, Jack	9	Dana Hills	11:18.53
7 Mooney, Michael	10	Dana Hills	11:19.38
8 Gunderson, Jack	10	Dana Hills	11:26.62
9 Grassmann, Derrick	9	Dana Hills	11:39.68
10 Lott, Liam	9	Dana Hills	11:40.20
11 Alvillar, Robert	9	Dana Hills	11:40.68
12 Ivory, Owen	9	Dana Hills	11:48.91



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....Event 35 Boys 3200 Meter Run Frosh Soph

13	Cornett, Dean	9 Dana Hills	11:51.59
14	Hunter, Sam	9 Dana Hills	11:52.31
15	Ximello, Martin	9 Dana Hills	11:52.94
16	Sanchez, Esteban	10 Dana Hills	12:21.56

Event 36 Boys 3200 Meter Run Varsity

Name	Year	School	Finals
1	Boos, Justin	11 Dana Hills	10:05.87
2	Garcia, Omar	12 Dana Hills	10:14.63
3	Moersch, Joseph	11 Dana Hills	10:24.55
4	Ward, Gavin	12 Dana Hills	11:13.69
5	Zoch, Gunner	11 Dana Hills	11:15.93
6	Landgraf, Finn	12 Dana Hills	11:41.93
7	Fodor, John	11 Dana Hills	11:47.97
8	Gouger, Wyatt	11 Dana Hills	11:48.21
9	Keyvan, Iman	11 Dana Hills	11:50.82
10	Lawrence, Addison	12 Dana Hills	12:33.08

Event 37 Girls 4x400 Meter Relay Frosh Soph

School	Finals
1 Capo Valley 'A'	4:45.48
1) Henchel, Olivia 9	2) Mobley, Cydney 10
3) Brull, Annie 10	4) Irvani, Nikki 9

Event 38 Girls 4x400 Meter Relay Varsity

School	Finals
1 Dana Hills 'A'	4:38.15
1) Daniels, Logan 11	2) Burnight, Elle 10
3) Bravo, Sophia 9	4) Broadhead, Delaney 9
2 Capo Valley 'A'	4:39.50
1) Sanger, Ally 10	2) Armbrust, Kate 10
3) Garabedian, Elizabeth 12	4) Heller, Madeline 11

Event 40 Boys 4x400 Meter Relay Varsity

School	Finals
1 Dana Hills 'A'	3:33.83
2 Capo Valley 'A'	3:38.88
1) Saadeh, Houssin 10	2) Salceda, Steven 11
3) Begando, James 11	4) Huetter, Hunter 12
-- Dana Hills 'B'	x3:40.38
-- Capo Valley 'B'	x3:52.43
-- Dana Hills 'C'	x3:57.30



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...Event 40 Boys 4x400 Meter Relay Varsity

-- Capo Valley 'C' x4:02.24

Event 41 Girls Long Jump Frosh Soph

Name	Year	School	Finals	Wind
Flight 1				
1 Carlier, Emily	9	Dana Hills	14-03.00	NWI
2 Barnard, Ella	9	Capo Valley	14-01.25	NWI
3 Oveissi, Cerat	10	Capo Valley	13-04.50	NWI
4 Loreto, Dulce	10	Capo Valley	13-03.50	NWI
5 Johnson, Mia	9	Capo Valley	12-09.50	NWI
6 Krellner, Tessa	9	Capo Valley	12-08.00	NWI
7 Kronemann, Nadia	10	Capo Valley	12-07.50	NWI
8 Pina, Layla	10	Capo Valley	12-06.00	NWI
9 Seitz, Amanda	10	Capo Valley	12-04.00	NWI
10 Kinomoto, Aspen	9	Capo Valley	11-10.00	NWI
11 Parekh, Shree	10	Capo Valley	10-05.00	NWI
11 White, Felicia	12	Dana Hills	10-05.00	NWI
13 Kurt, Bryn	10	Dana Hills	10-03.00	NWI
14 Loya, Giselle	10	Capo Valley	9-03.50	NWI
-- Meissner, Ella	10	Dana Hills	ND	NWI
-- Bathaee, Elika	10	Capo Valley	ND	NWI
-- Gable, Mea	10	Dana Hills	ND	NWI

Event 42 Boys Long Jump Frosh Soph

Name	Year	School	Finals	Wind
1 Chang, Brandon	10	Dana Hills	19-00.00	NWI
2 Coyoca, Kai	10	Capo Valley	17-06.00	NWI
3 Edwards, Kellen	10	Capo Valley	17-00.00	NWI
4 Corral, Troy	9	Dana Hills	16-08.00	NWI
5 Khazeni, Shyan	10	Capo Valley	16-04.00	NWI
6 Jang, Jei-Kyen	10	Capo Valley	15-07.00	NWI
7 Van Boerum, Ethan	9	Capo Valley	15-00.00	NWI
8 Bird, Sebastian	10	Capo Valley	14-10.00	NWI
9 Huynh, Andrew	9	Capo Valley	14-07.00	NWI
10 Felter, Kyle	10	Capo Valley	14-02.00	NWI
11 Eames, Ryan	9	Capo Valley	14-01.00	NWI
12 Goldberg, Sawyer	10	Capo Valley	13-11.00	NWI
13 Miller, Hunter	9	Capo Valley	13-08.00	NWI
14 Tokatlilian, Jake	10	Capo Valley	13-01.00	NWI
-- DE Soto, Eric	10	Dana Hills	ND	NWI
-- Foster, Max	9	Dana Hills	ND	NWI



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Event 43 Girls Long Jump Varsity

Name	Year	School	Finals	Wind
1 Zabatany, Jill	11	Dana Hills	14-11.50	NWI
2 Maiden, Shanelle	12	Capo Valley	14-06.00	NWI
3 Duffield, Chloe	12	Dana Hills	13-10.00	NWI
4 Zaharek, Regan	10	Dana Hills	13-07.00	NWI
5 Lambros, Audrey	12	Dana Hills	13-06.25	NWI
6 Krellner, Linda	11	Capo Valley	13-04.00	NWI
7 Thome, Samantha	9	Capo Valley	13-00.50	NWI
8 Anwar, River	11	Capo Valley	12-09.50	NWI
9 Ahmari, Parisa	11	Capo Valley	12-05.00	NWI
-- Grimes, Hailey	11	Capo Valley	ND	NWI
-- Barbella, Alison	10	Capo Valley	ND	NWI
-- Maier, Halle	11	Dana Hills	ND	NWI

Event 44 Boys Long Jump Varsity

Name	Year	School	Finals	Wind
1 Correa, Diego	12	Capo Valley	19-07.00	NWI
2 Kargari, Dylan	12	Capo Valley	19-05.00	NWI
3 Martinez, Caleo	11	Dana Hills	19-04.50	NWI
4 Begando, James	11	Capo Valley	19-02.00	NWI
5 Wagener, Christian	11	Dana Hills	19-00.00	NWI
6 Wahl, Curran	12	Dana Hills	18-09.00	NWI
7 Allemann, James	10	Dana Hills	18-08.00	NWI
8 Ilano, David	12	Capo Valley	17-04.00	NWI
9 Edward, Justin	12	Dana Hills	16-08.00	NWI
10 Salceda, Victor	12	Capo Valley	16-03.50	NWI
11 Kraushaar, Nicholas	12	Dana Hills	15-11.00	NWI
12 Cullen, Danny	12	Dana Hills	15-07.00	NWI
-- Riviere, William	12	Dana Hills	ND	NWI

Event 45 Girls Triple Jump Frosh Soph

Name	Year	School	Finals	Wind
1 Loreto, Dulce	10	Capo Valley	26-03.00	NWI
-- Kurt, Bryn	10	Dana Hills	ND	NWI
-- Seitz, Amanda	10	Capo Valley	ND	NWI

Event 46 Boys Triple Jump Frosh Soph

Name	Year	School	Finals	Wind
1 Corral, Troy	9	Dana Hills	34-05.50	NWI
2 Khazeni, Shyan	10	Capo Valley	33-06.75	NWI
-- Miller, Hunter	9	Capo Valley	ND	NWI
-- Foster, Max	9	Dana Hills	ND	NWI



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Results

Event 47 Girls Triple Jump Varsity

Name	Year	School	Finals	Wind
1 Zabatany, Jill	11	Dana Hills	30-07.00	NWI
2 Duffield, Chloe	12	Dana Hills	27-06.50	NWI
3 Barbella, Alison	10	Capo Valley	26-09.75	NWI
4 Banis, Natalie	10	Capo Valley	26-07.00	NWI
5 Thome, Samantha	9	Capo Valley	25-10.00	NWI
-- Lambros, Audrey	12	Dana Hills	ND	NWI
-- Maier, Halle	11	Dana Hills	ND	NWI

Event 48 Boys Triple Jump Varsity

Name	Year	School	Finals	Wind
1 Allemann, James	10	Dana Hills	40-04.75	NWI
2 Wahl, Curran	12	Dana Hills	39-01.25	NWI
3 Correa, Diego	12	Capo Valley	38-03.75	NWI
4 Martinez, Caleo	11	Dana Hills	38-03.00	NWI
5 Alkhairi, Omar	12	Capo Valley	38-01.00	NWI
6 Mairs, Sean	12	Capo Valley	37-10.75	NWI
7 Wagener, Christian	11	Dana Hills	37-00.00	NWI
8 Dewing, James	11	Capo Valley	35-07.50	NWI
9 Cullen, Danny	12	Dana Hills	33-11.75	NWI
10 Edward, Justin	12	Dana Hills	29-05.50	NWI

Event 49 Girls High Jump Frosh Soph

Name	Year	School	Finals
1 Van Der Veen, Kaitlyn	9	Dana Hills	4-02.00
2 Freedberg, Dani	9	Dana Hills	4-00.00
-- Liu, Avery	9	Dana Hills	NH
-- Bathaee, Elika	10	Capo Valley	NH
-- Gable, Maxine	9	Dana Hills	NH

Event 50 Boys High Jump Frosh Soph

Name	Year	School	Finals
1 DE Soto, Eric	10	Dana Hills	5-06.00
2 Ximello, Martin	9	Dana Hills	4-10.00
-- Miller, Hunter	9	Capo Valley	NH
-- Montgomery, Jeff	10	Dana Hills	NH

Event 51 Girls High Jump Varsity

Name	Year	School	Finals
1 Holster, Jennifer	11	Dana Hills	J4-08.00
2 Klause, Bethany	9	Dana Hills	J4-04.00



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....Event 51 Girls High Jump Varsity

3 Krellner, Linda	11 Capo Valley	J4-02.00
3 Thome, Samantha	9 Capo Valley	J4-02.00

Event 52 Boys High Jump Varsity

Name	Year School	Finals
1 Riviere, William	12 Dana Hills	6-02.00
2 Ellis, Josh	11 Dana Hills	J5-06.00
2 Doalson, Luke	10 Capo Valley	J5-06.00
4 Correa, Diego	12 Capo Valley	5-04.00
5 Lee, Brayden	11 Dana Hills	5-02.00
-- Woelfel, Aidan	11 Dana Hills	JNH
-- Locklear, Reid	11 Dana Hills	NH

Event 53 Girls Pole Vault Frosh Soph

Name	Year School	Finals
1 Elam, Kylie	9 Capo Valley	7-00.00
1 Zheng, Caroline	10 Capo Valley	7-00.00
3 Freedberg, Dani	9 Dana Hills	J6-06.00
3 Chernekoff, Lexi	9 Dana Hills	J6-06.00
3 Lopez, Angie	9 Dana Hills	J6-06.00
6 Kabbani, Sarah	9 Dana Hills	6-00.00
7 Majidi, Nikki	10 Capo Valley	5-06.00
-- Van Leeuwen, Avalon	9 Dana Hills	NH
-- Vasquez, Esmaralda	9 Dana Hills	NH
-- Akbari, Rose	9 Capo Valley	NH
-- Mayer, Ella	9 Capo Valley	NH
-- Micklin, Greta	9 Dana Hills	NH

Event 54 Boys Pole Vault Frosh Soph

Name	Year School	Finals
1 Chapman, Calvin	9 Capo Valley	8-00.00
2 Soryal, Jacob	9 Capo Valley	J7-06.00
2 Grant, Evan	9 Capo Valley	J7-06.00
4 Issa, Mohammed	9 Capo Valley	7-00.00
5 Hendrix, Skyler	9 Capo Valley	6-06.00
-- Namazi, Aiden	9 Capo Valley	NH

Event 55 Girls Pole Vault Varsity

Name	Year School	Finals
1 Karner, Avery	11 Dana Hills	10-00.00
2 Telford, Alexis	11 Capo Valley	9-00.00
3 Jameson, Ellie	10 Capo Valley	8-00.00



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...Event 55 Girls Pole Vault Varsity

4	Power, Jill	10	Capo Valley	6-06.00
4	Cook, Samantha	10	Capo Valley	6-06.00
--	Cannon, Faith	11	Capo Valley	NH
--	Sanger, Bella	11	Capo Valley	NH

Event 56 Boys Pole Vault Varsity

Name	Year	School	Finals	
1	Ilano, David	12	Capo Valley	J12-00.00
1	Sweeney, John	11	Dana Hills	J12-00.00
3	Estes, James	11	Dana Hills	J10-00.00
3	Han, Spencer	12	Capo Valley	J10-00.00
3	Speetzen, Trevor	12	Capo Valley	J10-00.00
--	Dewing, James	11	Capo Valley	NH

Event 57 Girls Shot Put Frosh Soph

Name	Year	School	Finals	
1	Grier, Kayla	9	Capo Valley	23-10.00
2	Hindley, Aiden	10	Capo Valley	23-04.50
3	Armstrong, McKenna	10	Capo Valley	22-02.50
4	Nguyen, Claire	9	Capo Valley	21-08.50
5	Wichmann, Kit	9	Capo Valley	20-06.00
6	Hoang, Kellie	9	Capo Valley	20-05.00
7	Vasquez, Esmaralda	9	Dana Hills	18-09.00
8	Apotheker, Leigh	10	Capo Valley	15-02.00

Event 58 Boys Shot Put Frosh Soph

Name	Year	School	Finals	
1	See, Brendon	9	Dana Hills	36-04.00
2	Schmitt, Logan	10	Dana Hills	33-05.00
3	Weidner, Jackson	9	Capo Valley	24-07.00

Event 59 Girls Shot Put Varsity

Name	Year	School	Finals	
1	Landrum, Natasha	11	Capo Valley	32-03.00
2	Stafford, Jillian	11	Dana Hills	29-03.00
3	Heneghan, Sally	11	Dana Hills	28-06.00
4	Daniels, Logan	11	Dana Hills	27-07.50
5	Mundy, Reese	11	Dana Hills	26-05.50
6	Peterseil, Nora	11	Capo Valley	25-00.50
7	West, Lucy	11	Dana Hills	25-00.25
8	Park, Ciara	12	Capo Valley	24-04.00
9	Glessner, Sierra	11	Capo Valley	21-08.00



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...Event 59 Girls Shot Put Varsity

10 Murray, Peyton	11 Dana Hills	20-01.50
11 Brackett-Ramirez, Alexan	11 Capo Valley	20-00.50

Event 60 Boys Shot Put Varsity

Name	Year School	Finals
1 McKhann, Mason	12 Dana Hills	43-09.75
2 Meyer, Luke	10 Capo Valley	42-11.00
3 Stitch, Shane	12 Dana Hills	38-11.00
4 Watson, Zebulun	11 Dana Hills	31-07.50
5 Han, Spencer	12 Capo Valley	30-08.50
6 Roberts, Cade	11 Capo Valley	28-01.25
7 Schell, Elijah	12 Capo Valley	24-05.50
8 Shimizu, Jackson	11 Capo Valley	24-02.00
9 Shean, John	11 Capo Valley	20-06.00
-- West, Jack	12 Dana Hills	ND

Event 61 Girls Discus Throw Frosh Soph

Name	Year School	Finals
1 Armstrong, McKenna	10 Capo Valley	71-03
2 Nguyen, Claire	9 Capo Valley	65-00.25
3 Vasquez, Esmaralda	9 Dana Hills	55-03.25
4 Wichmann, Kit	9 Capo Valley	55-02.50
5 Hoang, Kellie	9 Capo Valley	46-05
6 Dixon, Ashley	9 Capo Valley	40-08.50
7 Grier, Kayla	9 Capo Valley	40-03
-- Farino, Kayla	9 Capo Valley	ND

Event 62 Boys Discus Throw Frosh Soph

Name	Year School	Finals
1 See, Brendon	9 Dana Hills	101-08
2 Schmitt, Logan	10 Dana Hills	76-10
3 Weidner, Jackson	9 Capo Valley	62-03

Event 63 Girls Discus Throw Varsity

Name	Year School	Finals
1 Daniels, Logan	11 Dana Hills	115-03.50
2 Stafford, Jillian	11 Dana Hills	114-08.50
3 Mundy, Reese	11 Dana Hills	99-00
4 Heneghan, Sally	11 Dana Hills	95-11
5 Landrum, Natasha	11 Capo Valley	89-03
6 Brackett-Ramirez, Alexan	11 Capo Valley	56-05
7 Peterseil, Nora	11 Capo Valley	56-04.50



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....Event 63 Girls Discus Throw Varsity

8 West, Lucy	11 Dana Hills	56-03.50
9 Glessner, Sierra	11 Capo Valley	48-02

Event 64 Boys Discus Throw Varsity

Name	Year School	Finals
1 Stitch, Shane	12 Dana Hills	140-00
2 McKhann, Mason	12 Dana Hills	136-00
3 Meyer, Luke	10 Capo Valley	95-00
4 Watson, Zebulun	11 Dana Hills	85-00
5 Roberts, Cade	11 Capo Valley	75-02
6 Shimizu, Jackson	11 Capo Valley	63-08
7 Shean, John	11 Capo Valley	58-06
-- West, Jack	12 Dana Hills	ND



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