

**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**Women 60 Meter Dash**

Name	Year School	Finals	H#
<b>Finals</b>			
1 Yarbrough, Darriale	Cal St. San Marcos	7.77	1
2 Phillips, Jaiden	Cal St. San Marcos	7.84	1
3 Johnson, Armiyah	Vanguard	7.86	1
4 Jackson, Dorothy	Vanguard	7.93	1
5 King, Ashley	UC San Diego	7.95	1
6 Rudel, Rahel	Point Loma	7.96	6 7.955
7 Harrison, Kiara	Cal St. San Marcos	7.96	1 7.957
8 Mencarelli, Jenna	UC San Diego	8.00	1
9 Linn, Erikka	UC San Diego	8.04	2
10 Poland, Olivia	Vanguard	8.08	1
11 Estremera, Shareen	Cal St. San Marcos	8.22	2
12 Chin, Naomi	UC San Diego	8.23	3
13 Romo, Anyssa	UC San Diego	8.27	2
14 Duggie, Jordan	Cuyamaca	8.29	6
15 Pagaduan, Danika	UC San Diego	8.32	2
16 Silsbee, Samantha	Point Loma	8.35	5
17 Prchazka, Leah	Cal St. San Marcos	8.38	5
18 Pennix, Jemmia	Point Loma	8.40	5
19 Roberts, Grace	Vanguard	8.42	5 8.412
20 Sinclair, Alana	Cuyamaca	8.42	4 8.414
21 Tesone, Gianna	Point Loma	8.43	4
22 Mcfadden, Megan	Point Loma	8.47	4
23 McBride, Deyonna	Cal St. San Marcos	8.50	2
24 Smith, Julia	Vanguard	8.52	6 8.511
25 McConville, Katherine	Cal St. San Marcos	8.52	4 8.512
26 Avila, Gabrielle	UC San Diego	8.54	2
27 Mayen, Ileni	Vanguard	8.55	4
28 Davis, Moriah	Cuyamaca	8.71	5
29 Willis, Shelby	The Masters	8.73	6
30 Cano, Amanda	Cal St. San Marcos	8.77	4
31 Coney, Kmai	Concordia (Cal.)	8.82	3
32 Belisle, ClaireMarie	Soka	8.87	4
33 Clayton, LeAndra	Concordia (Cal.)	8.93	3
34 Kaminski, Amiya	Vanguard	9.03	5
35 Mansell, Kileigh	Cuyamaca	9.07	5
36 Hess, Emily	The Masters	9.11	3
37 Haas, Anju	Soka	9.32	3
38 Heller, Laura	Soka	9.35	3
39 Lopez, Alejandra	Cuyamaca	9.36	3
40 Edwards, Mia	Point Loma	9.40	6

**Women 200 Meter Dash**

Name	Year School	Finals	H#
1 Johnson, Armiyah	Vanguard	25.70	1
2 Rudel, Rahel	Point Loma	26.27	3



Use Discount Code "FINISHED"

For 15% Off at: VSathletics.com



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Women 200 Meter Dash**

3	Nalbandyan, Seanna	The Masters	26.50	1
4	Duggie, Jordan	Cuyamaca	26.91	1
5	Herrington, Amanda	Point Loma	26.99	1
6	Silsbee, Samantha	Point Loma	27.33	1
7	Challacombe, Chelsea	UC San Diego	27.65	1
8	McBride, Deyonna	Cal St. San Marcos	27.82	3
9	O'Donnell, Teigen	Cal St. San Marcos	28.10	1
10	Ransom, Lisa	Soka	28.15	2
11	Willis, Shelby	The Masters	28.54	3
12	Buzzell, Emilee	Concordia (Cal.)	28.94	2
13	Kuhn, Sarah	Point Loma	29.14	3
14	Chavez, Jourdan	Concordia (Cal.)	29.25	2
15	Tampus, Juliana	Vanguard	29.56	2
16	Edwards, Mia	Point Loma	29.95	2
17	Glaser, Julia	Point Loma	30.25	3
18	Hess, Emily	The Masters	31.13	2
19	Lopez, Alejandra	Cuyamaca	32.46	3
20	Clayton, LeAndra	Concordia (Cal.)	33.09	2

**Women 300 Meter Dash**

Name	Year	School	Finals	H#
1	Poland, Olivia	Vanguard	40.72	1
2	Jackson, Dorothy	Vanguard	40.99	1
3	Ayala, Toni	Cal St. San Marcos	41.84	1
4	Avina, Avery	Point Loma	42.06	1
5	Mattson, Megan	UC San Diego	42.08	1
6	Rowland, Caitlyn	Concordia (Cal.)	42.14	2
7	Ramirez, Kaylla	UC San Diego	42.67	1
8	Roessler, Teresa	Point Loma	42.71	2
9	Bartolaba, Haley	Cal St. San Marcos	42.88	2
10	Beveridge, Ryann	Concordia (Cal.)	44.23	3
11	Jacobs, Madison	Chapman	44.30	4
12	Mirkhani, Sarah	Chapman	44.52	3
13	Roberts, Grace	Vanguard	44.78	2
14	Mayen, Ileni	Vanguard	44.94	2
15	Brunings, Zoe	Chapman	44.96	4
16	Prince, Jessica	Point Loma	45.63	3
17	Wilson, Morgann	Cal St. San Marcos	45.94	4
18	Godsey, Emily	Cal St. San Marcos	46.23	3
19	Pecoraro, Alice	Cuyamaca	46.37	3
20	Taylor, Morgan	Cal St. San Marcos	46.69	2
21	Yocom, Elizabeth	Cal St. San Marcos	47.54	4
22	Coney, Kmai	Concordia (Cal.)	48.45	3
23	Davis, Moriah	Cuyamaca	49.20	4
24	Milnich, Jenna	The Masters	50.19	3



For Live Results  
Download the App



Use Discount Code  
"FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**Women 600 Meter**

Name	Year School	Finals	H#
1 Kalt, Gloria	UC San Diego	1:39.37	1
2 Paradis, Jori	Concordia (Cal.)	1:43.21	1
3 Trent, Carly	Chapman	1:45.64	1
4 Siguenza, Gabi	Chapman	1:45.80	1
5 Rios, Alexis	Concordia (Cal.)	1:47.32	1
6 Berch, Danielle	Chapman	1:47.67	2
7 Ortiz, Roxanna	Soka	1:48.15	2
8 Shannon, Caitlin	Concordia (Cal.)	1:48.70	1
9 Lowe, Olivia	Chapman	1:49.22	2
10 Struble, Rachel	Point Loma	1:50.49	1
11 Coon, Samantha	Point Loma	1:50.58	2
12 Hinson, Bethany	Vanguard	1:51.49	1
13 Bonds, Daria	Cal St. San Marcos	1:52.79	2
14 Jankowiak, Katelynn	Soka	2:00.51	1
15 Livermore, Brittney	Cal St. San Marcos	2:03.77	1
16 Haas, Leena	Soka	2:10.18	2

**Women 3000 Meter**

Name	Year School	Finals
1 Heckers, Jax	Cal St. San Marcos	10:18.57
2 Parr, Madison	Vanguard	10:27.12
3 Cabrera, Rosalba	Concordia (Cal.)	10:36.12
4 Hansen, Katie	Chapman	10:46.07
5 Laurenzana, Renee	Cal St. San Marcos	10:48.05
6 Wade, Bailey	Concordia (Cal.)	10:49.69
7 MacNeil, Erin	Cal St. San Marcos	10:54.79
8 Georgelin, Laura	Cal St. San Marcos	10:57.44
9 Hopkins, Hannah	Concordia (Cal.)	10:59.13
10 Mirro, Maddie	Chapman	11:01.90
11 Perez-Cazarez, Jennifer	Vanguard	11:07.35
12 Schroeder, Natalie	Cal St. San Marcos	11:15.70
13 Gee, Sarah	Vanguard	11:15.92
14 James, Audrey	Chapman	11:18.24
15 Diaz, Jordan	Chapman	11:20.17
16 Hernandez, Anamauri	Concordia (Cal.)	11:20.33
17 Eglinton, Emma	Chapman	11:25.57
18 Rosas, Broandy	Cuyamaca	11:29.30
19 Lee, Gabriella	Chapman	11:32.42
20 Santiago, Tilicia	Concordia (Cal.)	11:32.74
21 Milam, Brooke	The Masters	11:34.08
22 Hakala, Natalie	Concordia (Cal.)	11:35.04
23 Quezada, Olivia	Cal St. San Marcos	11:39.17
24 Page, Kimberly	The Masters	11:39.92
25 Nootbaar, Autumn	The Masters	11:39.99
26 Campbell, Megan	Chapman	11:41.52
27 Hurley, Alana	Concordia (Cal.)	11:41.53



Use Discount Code "FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Women 3000 Meter**

28	Gutierrez, Priscilla	The Masters	11:51.38
29	Simpson, Sarah	Concordia (Cal.)	11:52.90
30	Ohata, Ayano	Soka	12:22.02
31	Otsuka, Naomi	Soka	12:36.27
--	Lockman, Hannah	Cuyamaca	DQ
--	Sinclair, Natalie	Cuyamaca	DQ
--	Prus, Ashley	Cuyamaca	DQ

**Women 60 Meter Hurdles**

Name	Year School	Finals	H#
1 Foster, Shawnta	Unattached	8.90	1
2 Dolan, Lizzie	UC San Diego	9.13	1
3 Tade, Helen	UC San Diego	9.20	1
4 Challacombe, Chelsea	UC San Diego	9.47	1
5 Herrington, Amanda	Point Loma	9.50	3
6 Porter, Jasmine	Cal St. San Marcos	9.55	1
7 Torabi, Zeinab	UC San Diego	9.58	2
8 Butler, Mikayla	Concordia (Cal.)	9.60	2
9 Mattson, Megan	UC San Diego	9.67	2
10 Sinclair, Alana	Cuyamaca	9.71	3
11 Kidd, Nyha	Cal St. San Marcos	9.87	1
12 Beveridge, Ryann	Concordia (Cal.)	9.89	1
13 Kaminski, Amiya	Vanguard	10.43	3
14 Livermore, Brittney	Cal St. San Marcos	10.52	2
15 Cano, Amanda	Cal St. San Marcos	10.53	2
16 Sales, Syanna	Cal St. San Marcos	10.80	2
17 DuBois, Presley	Point Loma	10.81	3
18 Pecoraro, Alice	Cuyamaca	11.32	3

**Women 1600 Sprint Medley Relay**

School	Finals	H#
1 UC San Diego 'A'	4:13.86	1
1) Meaney, Mckenna		
2) Mencarelli, Jenna		
3) Cox, Claudia		
4) Dominguez, Czarina		
2 Cal St. San Marcos 'E'	4:14.74	1
1) Estremera, Shareen		
2) Kidd, Nyha		
3) Garcia, Clarissa		
4) McDonough, Marina		
3 Cal St. San Marcos 'C'	4:16.25	1
1) Phillips, Jaiden		
2) Julian, Sierra		
3) Farrell, Serena		
4) Mercado, Ana		
4 Cal St. San Marcos 'D'	4:17.25	1
1) Ayala, Toni		
2) Wilson, Morgann		
3) Porter, Jasmine		
4) Mercado, Luz		
5 Concordia (Cal.) 'A'	4:18.46	1
1) Butler, Mikayla		
2) Schepker, Morgan		
3) Rowland, Caitlyn		
4) Paradis, Jori		



For Live Results  
Download the App



Use Discount Code  
"FINISHED"

For 15% Off at: VSathletics.com



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Women 1600 Sprint Medley Relay**

6 UC San Diego 'C'	4:19.02	2
1) Challacombe, Chelsea	2) Chin, Naomi	
3) Chalfant, Lilliana	4) Shepherd, Isabelle	
7 UC San Diego 'D'	4:20.15	1
1) Pagaduan, Danika	2) King, Ashley	
3) Seaman, Melissa	4) Perkins, Camille	
8 Point Loma 'B'	4:26.62	3
1) Roessler, Teresa	2) Avina, Avery	
3) Tesone, Gianna	4) Williams, Logan	
9 Cal St. San Marcos 'F'	4:26.88	2
1) McConville, Katherine	2) Mahmoud, Amaya	
3) Taylor, Morgan	4) Chavira, Bri	
10 Point Loma 'A'	4:30.57	3
1) Pennix, Jemmia	2) Struble, Rachel	
3) Glaser, Julia	4) Gomez, Natalya	
11 Cal St. San Marcos 'B'	4:30.70	2
1) Bartolaba, Haley	2) Prchazka, Leah	
3) Jones, Makayla	4) Jordan, Trinity	
12 Chapman 'A'	4:30.85	2
1) Jacobs, Madison	2) Mirkhani, Sarah	
3) Siguenza, Gabi	4) Trent, Carly	
13 Chapman 'B'	4:41.94	2
1) Kodjababian, Ella	2) Brunings, Zoe	
3) Berch, Danielle	4) Lowe, Olivia	
14 Cal St. San Marcos 'A'	5:01.80	2
1) Yarbrough, Darriale	2) Harrison, Kiara	
3) McBride, Deyonna	4) Sales, Syanna	
15 Cuyamaca 'A'	5:29.56	3
1) Davis, Moriah	2) Duggie, Jordan	
3) Sinclair, Alana	4) Pecoraro, Alice	

**Women Distance Medley Relay**

School	Finals
1 UC San Diego 'A'	12:15.29
1) Shepherd, Isabelle	2) Flint, Ellie
3) Cox, Claudia	4) Coney, Madalyne
2 Cal St. San Marcos 'B'	12:23.12
1) MacNeil, Erin	2) Jones, Makayla
3) Mercado, Luz	4) Garcia, Clarissa
3 The Masters 'A'	12:24.29
1) Radmilovich, Elizabeth	2) Nalbandyan, Seanna
3) Hildebrandt, Mariah	4) Ghiorso, Arianna
4 UC San Diego 'C'	12:29.55
1) Hendricks, Sidney	2) Torabi, Zeinab
3) Jacobs, Marley	4) Perkins, Camille
5 UC San Diego 'B'	12:42.59
1) Corey, Kendra	2) Meaney, Mckenna
3) Dominguez, Czarina	4) Billman, Caitlin



For Live Results  
Download the App



Use Discount Code  
"FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**...Women Distance Medley Relay**

6 UC San Diego 'E'	12:45.19
1) Meng, Sarah	2) Mencarelli, Jenna
3) Valencia, Zoie	4) Faller, Ashley
7 Cal St. San Marcos 'A'	12:52.19
1) Georgelin, Laura	2) Farrell, Serena
3) Mercado, Ana	4) McDonough, Marina
8 Cal St. San Marcos 'C'	12:53.20
1) Schroeder, Natalie	2) Jordan, Trinity
3) Chavira, Bri	4) Laurenzana, Renee
9 Concordia (Cal.) 'B'	13:00.01
1) Wade, Bailey	2) Hakala, Natalie
3) Woodman, Morgan	4) Hernandez, Anamauri
10 Concordia (Cal.) 'A'	13:00.71
1) Feitz, Sara	2) Schepker, Morgan
3) Shannon, Caitlin	4) Santiago, Tilicia
11 Point Loma 'A'	13:01.20
1) Stromsland, Alyssa	2) Kuhn, Sarah
3) Williams, Logan	4) Bucci, Madi
12 Vanguard 'A'	13:04.87
1) Perez-Cazarez, Jennifer	2) Hinson, Bethany
3) Tampus, Juliana	4) Parr, Madison
13 Point Loma 'B'	13:44.79
1) Michaelian, Tori	2) Prince, Jessica
3) Nealis, Lakely	4) Martin, Gabrielle
-- Concordia (Cal.) 'C'	DNF
1) Wilson, McKenna	2) Nelson, Hannah
3) Wilson, Katelyn	4) Herrera, Madilyn

**Women High Jump**

Name	Year School	Finals
1 Macnaughton, Kate	UC San Diego	1.60m
1.55 1.60 1.65		
O O XXX		
2 Foster, Lauren	Point Loma	1.55m
1.40 1.45 1.50 1.55 1.60		
O O O XO XXX		
3 Foster, Shawnta	Unattached	1.50m
1.45 1.50 1.55		
O O XXX		
4 Mariano, Julie	Cal St. San Marcos	1.45m
1.40 1.45 1.50		
O O XXX		
5 Shuler, Kylene	Cal St. San Marcos	1.40m
1.40 1.45		
XXO XXX		
5 Struble, Rachel	Point Loma	1.40m
1.40 1.45		
O XXX		



For Live Results  
 Download the App



Use Discount Code  
**"FINISHED"**

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**...Women High Jump**

5	Godsey, Emily	Cal St. San Marcos	1.40m
	1.40 1.45		
	XXO XXX		
5	Yocom, Elizabeth	Cal St. San Marcos	1.40m
	1.40 1.45		
	XXO XXX		
--	DuBois, Presley	Point Loma	NH
	1.40		
	XXX		
--	Haakenson, Hailey	Point Loma	NH
	1.40		
	XXX		
--	Mahmoud, Amaya	Cal St. San Marcos	NH
	1.40		
	XXX		
--	O'Donnell, Teigen	Cal St. San Marcos	NH
	1.40		
	XXX		

**Women Long Jump**

Name	Year	School	Finals	H#
1 Panteau, Laura		Team F.O.C.O.S	5.53m	1
	5.53m 5.40m			
2 Preyor, Dymon		Cal St. San Marcos	5.23m	1
	4.92m 5.23m 5.02m 5.02m			
3 Linn, Erikka		UC San Diego	5.16m	1
	5.13m 4.99m 4.99m 5.16m			
4 Romo, Anyssa		UC San Diego	5.07m	2
	5.07m 4.85m 4.78m			
5 Seaman, Melissa		UC San Diego	5.04m	1
	5.04m 4.91m 4.91m 4.86m			
6 Chan, Amanda		Vanguard	4.86m	1
	4.83m 4.80m 4.66m 4.86m			
7 Shuler, Kylene		Cal St. San Marcos	4.85m	1
	4.85m 4.75m 4.63m 4.53m			
8 Nordheim, Elyse		UC San Diego	4.80m	2
	4.80m 4.62m 4.53m			
9 Mahmoud, Amaya		Cal St. San Marcos	4.72m	1
	4.72m 4.49m 4.25m 4.45m			
10 Cecilio, Mattie		UC San Diego	4.71m	2
	4.65m 4.51m 4.71m 4.65m			
11 Foster, Lauren		Point Loma	4.67m	2
	4.45m 4.67m 4.49m 3.53m			
12 Chavez, Jourdan		Concordia (Cal.)	4.64m	1
	4.62m 4.23m 4.64m			
13 Godsey, Emily		Cal St. San Marcos	4.61m	2
	4.51m 4.55m 4.61m			



**For Live Results**  
**Download the App**



**Use Discount Code**  
**"FINISHED"**

**For 15% Off at: VSathletics.com**



**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**...Women Long Jump**

14 Prchazka, Leah	Cal St. San Marcos	4.56m	2
4.38m 4.56m 4.23m			
15 Mcfadden, Megan	Point Loma	4.46m	1
4.33m 4.46m			
16 Herrington, Danise	Concordia (Cal.)	4.42m	1
4.22m 4.16m 4.16m 4.42m			
17 McBride, Deyonna	Cal St. San Marcos	4.30m	1
4.30m 4.00m 4.03m 3.95m			
17 Tampus, Juliana	Vanguard	4.30m	2
4.30m 4.21m 4.01m 4.14m			
19 Haakenson, Hailey	Point Loma	4.27m	1
3.88m 4.27m 4.27m 4.20m			
20 Johnson, Promise	Chapman	4.26m	2
4.26m 4.20m			
21 Buzzell, Emilee	Concordia (Cal.)	4.24m	2
4.24m 4.22m 4.23m 4.23m			
22 Fukada, Moeko	Soka	4.14m	2
4.10m 4.14m 4.06m 3.93m			
23 Kodjababian, Ella	Chapman	3.98m	2
3.98m			
24 Bullen, Rebecca	Point Loma	3.93m	2
3.63m 3.74m 3.93m 3.64m			
25 Rodricks, Nina	Chapman	3.92m	2
3.90m 3.81m 3.92m 3.88m			
26 Yocom, Elizabeth	Cal St. San Marcos	3.70m	2
3.70m 3.70m			
-- Williams, Darrian	Concordia (Cal.)	FOUL	2
FOUL x			
-- Panteau, Laura	Unattached	FOUL	1
FOUL x x			
-- Smith, Julia	Vanguard	FOUL	1
FOUL x x			
-- Gribble, Brice	Concordia (Cal.)	FOUL	1
FOUL x x			
-- Flores, Ana	Vanguard	FOUL	1
FOUL x x			

**Women Triple Jump**

Name	Year	School	Finals
1 Linn, Erikka		UC San Diego	11.63m
11.28m 11.63m 11.42m			
2 Fish, Delani		UC San Diego	11.12m
10.93m 11.12m			
3 Seaman, Melissa		UC San Diego	10.81m
10.77m 10.81m 10.27m			
4 Nordheim, Elyse		UC San Diego	10.79m
10.79m 10.56m			



Use Discount Code  
**"FINISHED"**

For 15% Off at: [VSathletics.com](http://VSathletics.com)





**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**...Women Triple Jump**

5	Cecilio, Mattie	UC San Diego	10.59m
	10.57m 10.59m		
6	Chin, Naomi	UC San Diego	10.51m
	10.31m 10.29m 10.51m		
7	Mahmoud, Amaya	Cal St. San Marcos	10.48m
	10.48m 10.46m 10.29m		
8	Chavez, Jourdan	Concordia (Cal.)	10.44m
	x 9.96m 10.44m 10.04m		
9	Prchazka, Leah	Cal St. San Marcos	10.17m
	10.17m 9.76m 10.05m		
10	Herrington, Danise	Concordia (Cal.)	9.71m
	x 9.66m 9.71m 9.61m		
11	Smith, Julia	Vanguard	9.62m
	9.62m 9.37m		
12	Buzzell, Emilee	Concordia (Cal.)	9.01m
	9.01m 9.00m 8.83m		
13	Kaminski, Amiya	Vanguard	9.00m
	x 9.00m 8.54m 8.89m		

**Women Shot Put**

=====				
Name	Year	School	Finals	
=====				
1	Perkins, Sarah	UC San Diego	11.92m	
	x x x 11.92m			
2	Johnson, Joy	Concordia (Cal.)	11.28m	
	10.77m 11.28m 11.03m 10.83m			
3	Frost, Gabriella	Concordia (Cal.)	10.87m	
	10.87m x x			
4	Girardi, Maija	Chapman	10.03m	
	9.12m 9.49m 10.03m 9.27m			
5	Hamaguchi, Camryn	Chapman	9.62m	
	8.67m 7.52m 9.62m			
6	Tadepalli, Sahana	UC San Diego	9.22m	
	8.02m 9.22m 9.16m 9.19m			
7	Johnson, Asiyah	Cuyamaca	8.87m	
	8.83m 8.87m 8.86m			
8	Zachry, Felicity	Vanguard	8.86m	
	8.86m 8.28m 8.03m			
9	Naranjo, Lexi	Vanguard	7.98m	
	7.98m 7.34m 7.37m 7.93m			
10	Tampus, Juliana	Vanguard	7.87m	
	6.77m 7.67m 7.87m 7.56m			
11	Martinez, Josanni	Chapman	7.66m	
	7.66m 7.42m 7.40m			
12	DuBois, Presley	Point Loma	6.75m	
	6.75m 5.96m 6.27m 6.35m			



**For Live Results**  
**Download the App**



**Use Discount Code**  
**"FINISHED"**

**For 15% Off at: VSathletics.com**



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**Women Discus Throw**

Name	Year School	Finals
1 Frost, Gabriella	Concordia (Cal.)	42.67m
2 Perkins, Sarah	UC San Diego	41.84m
3 Cuneo, Katie	UC San Diego	32.92m
4 Montler, Christine	Cuyamaca	29.95m
5 Ecija, Micaela	Cal St. San Marcos	28.95m
6 Johnson, Asiyah	Cuyamaca	28.21m
7 Martinez, Josanni	Chapman	26.78m
8 Hamaguchi, Camryn	Chapman	25.35m
9 Girardi, Maija	Chapman	24.05m

**Women Hammer Throw**

Name	Year School	Finals
1 Frost, Gabriella	Concordia (Cal.)	44.44m
2 Diei, Crystal	UC San Diego	43.54m
3 Ecija, Micaela	Cal St. San Marcos	42.05m
4 Fajer, Katie	Concordia (Cal.)	41.99m
5 Range, Elise	Cuyamaca	38.81m
6 Tadepalli, Sahana	UC San Diego	38.72m
7 Montler, Christine	Cuyamaca	37.09m
8 Zachry, Felicity	Vanguard	36.46m
9 Naranjo, Lexi	Vanguard	24.32m
-- Eshiet, Gabby	UC San Diego	FOUL

**Women Javelin Throw**

Name	Year School	Finals
1 Rodenhurst, Starr	Point Loma	41.27m
2 Girardi, Maija	Chapman	35.75m
3 Cuneo, Katie	UC San Diego	33.43m
4 Ecija, Micaela	Cal St. San Marcos	33.16m
5 Challacombe, Chelsea	UC San Diego	31.54m
6 Livermore, Brittney	Cal St. San Marcos	27.53m
7 Mariano, Julie	Cal St. San Marcos	26.24m
8 Martinez, Josanni	Chapman	22.98m
9 Sales, Syanna	Cal St. San Marcos	21.96m
10 Williams, Erin	Cuyamaca	18.30m
11 Range, Elise	Cuyamaca	17.60m
12 Heinrichs, Jenna	Point Loma	16.91m
-- Wilson, Morgann	Cal St. San Marcos	FOUL
-- Vahey, Claire	Cal St. San Marcos	FOUL



Use Discount Code "FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**Men 60 Meter Dash**

Name	Year School	Finals	H#
1 McElroy, Philip	Cuyamaca	7.09	3
2 Erpelding, Christopher	UC San Diego	7.10	1
3 Crespo, Nolan	UC San Diego	7.11	1
4 Lewis, Jeremiah	Vanguard	7.14	1
5 Ramadhan, Januar	Unattached	7.16	2
6 Hariharan, Kavin	UC San Diego	7.19	2
7 Lee, Tristan	UC San Diego	7.20	2
8 Macon, Yanai	Vanguard	7.21	1
9 Mitchell, Tyrel	Cuyamaca	7.24	4
10 Johnson, Bryce	Unattached	7.25	1 7.241
11 Woodson, Milton	Vanguard	7.25	1 7.246
12 Anders, Devin	Cuyamaca	7.25	4
13 Hastings, Kyle	UC San Diego	7.30	2
14 Britt, Gemaal	Vanguard	7.32	2
15 Yoder, Nathan	UC San Diego	7.38	2
16 Truqui, Marco	UC San Diego	7.42	3
17 McGowan, D'Anthony	Vanguard	7.44	1
18 Murphy, Hunter	Cal St. San Marcos	7.46	2
19 Johnson, Myles	Cal St. San Marcos	7.62	1
20 Somsen, Hunter	Soka	7.77	3
21 Anaya Venegas, Raul	UC San Diego	7.79	3 7.785
22 McEnteer, Joaquin	Soka	7.79	4
23 Miyoshi, Yuki	Soka	7.79	3 7.783
24 Echols, Deandre	Cuyamaca	7.89	4
25 Coleman, Wesley	Cuyamaca	7.90	4

**Men 200 Meter Dash**

Name	Year School	Finals
1 McElroy, Philip	Cuyamaca	21.58
2 Warner, Gabe	Vanguard	21.93
3 Lewis, Jeremiah	Vanguard	22.29
4 Brajevich, Derek	UC San Diego	23.06
5 Chung, Dion	Concordia (Cal.)	24.20
6 Echols, Deandre	Cuyamaca	24.73

**Men 300 Meter Dash**

Name	Year School	Finals	H#
1 Salgado, Kiasa	UC San Diego	35.15	1
2 Anders, Devin	Cuyamaca	35.23	1
3 Woodson, Milton	Vanguard	35.50	1
4 Mitchell, Tyrel	Cuyamaca	35.70	1
5 Sarkodie, Kofi	Soka	35.95	2
6 Ohara, Derek	Chapman	36.31	1
7 Johnson, Bryce	Unattached	36.37	1



Use Discount Code  
**"FINISHED"**

For 15% Off at: [VSathletics.com](http://VSathletics.com)

**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Men 300 Meter Dash**

8	Herrerias, Max	UC San Diego	36.43	1
9	Macon, Yanai	Vanguard	36.81	2
10	McGowan, D'Anthony	Vanguard	36.94	2
11	Britt, Gemaal	Vanguard	38.17	2
12	Ramirez, Justin	Vanguard	38.89	2
13	Oswald, Noah	Cal St. San Marcos	39.92	3
14	Sacker, Michael	Cal St. San Marcos	40.14	3
15	McNabb, Daniel	Vanguard	40.17	2

**Men 600 Meter**

Name	Year	School	Finals	H#
1	Ayala, Miguel	Concordia (Cal.)	1:23.13	1
2	Wilson, Donovan	Chapman	1:23.58	1
3	Shigeyama, Hiroaki	Chapman	1:24.71	1
4	Rodriguez, Blake	Vanguard	1:26.03	1
5	Adams, Alexander	Cuyamaca	1:26.96	1
6	Williams, Michael	Cal St. San Marcos	1:27.81	1
7	Rosen, David	Chapman	1:28.04	1
8	Epstein, Cody	Chapman	1:28.34	1
9	Kubalsky, Payton	Concordia (Cal.)	1:28.51	2
10	McCarthy, Max	Chapman	1:29.63	2
11	Thomas, Harold	Cuyamaca	1:31.29	1
12	Janda, Benjamin	Chapman	1:31.43	2
13	Beals, Kyle	Cuyamaca	1:33.32	2
14	Smith, Kaelun	Cuyamaca	1:36.22	2
15	Pappenfuss, Jacob	Cuyamaca	1:37.93	2
16	Wong, Nathan	Chapman	1:38.36	2
17	Crumby, Michael	Chapman	1:39.15	2
18	Kamiuchi, Ryota	Soka	1:41.58	2
19	Zavala-Reina, Pablo	Soka	1:50.44	2

**Men 3000 Meter**

Name	Year	School	Finals
1	Litwiller, Josh	Cal St. San Marcos	8:52.85
2	St. Pierre, Jason	Concordia (Cal.)	9:02.38
3	Marin, Robert	Cal St. San Marcos	9:08.02
4	Pina, Ruben	Cal St. San Marcos	9:11.89
5	Butler, Drake	Chapman	9:14.46
6	Rossmann, Kyle	Cal St. San Marcos	9:14.59
7	Millen, Jacob	Chapman	9:14.60
8	Boaz, Trevor	Cal St. San Marcos	9:18.96
9	Dorado, Phillip	Cal St. San Marcos	9:21.56
10	Montes, Edwin	Cal St. San Marcos	9:22.19
11	Hart, Anthony	Chapman	9:28.10
12	Guerrero, Jose	Chapman	9:31.36
13	Jordan, Elijah	Cuyamaca	9:33.76



Use Discount Code "FINISHED"

For 15% Off at: VSathletics.com



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Men 3000 Meter**

14	Anderson, Josh	Vanguard	9:34.47
15	Ruiz, Anthony	Concordia (Cal.)	9:35.25
16	Edwards, Austin	Cal St. San Marcos	9:37.03
17	Murray, Beau	Cuyamaca	9:37.17
18	Musa, Mathew	Cuyamaca	9:44.16
19	Suarez, Jacob	Concordia (Cal.)	9:45.08
20	Dunagin, Jacob	Concordia (Cal.)	9:48.68
21	Owens, Ramon	Cuyamaca	9:52.01
22	Shanafelt, Chase	Chapman	9:52.67
23	Iniguez-Reyes, Cameron	Cal St. San Marcos	9:54.98
24	Lindenmayer, Randall	Soka	9:55.88
25	White, Aiden	Chapman	9:56.95
26	Sakamaki, Wolfgang	Chapman	10:03.68
27	Flores, Dalton	Chapman	10:09.00
28	Carmichael, Davis	Chapman	10:20.15
29	Char, Micah	Chapman	10:30.31
30	Takeuchi, Daisuke	Soka	11:09.01
31	Sarinana, Manuel	Vanguard	11:17.24
32	Buto, Nicholas	Chapman	11:20.75
33	Chia, Mark	Soka	11:30.12

**Men 60 Meter Hurdles**

Name	Year School	Finals
1	Jimenez, Kalobe	UC San Diego 8.61
2	Solomon, Leyikun	UC San Diego 8.74
3	McNabb, Daniel	Vanguard 9.61
4	Welch, Walker	Cal St. San Marcos 11.36

**Men 1600 Sprint Medley Relay**

School	Finals	H#
1 UC San Diego 'A'	3:32.03	1
1) Erpelding, Christopher		
2) Crespo, Nolan		
3) Halvax, Max		
4) Corvese, Tim		
2 UC San Diego 'C'	3:34.79	2
1) Winding, Adam		
2) Hariharan, Kavin		
3) Husband, Makhai		
4) Blake, Samuel		
3 UC San Diego 'B'	3:36.60	1
1) Jimenez, Kalobe		
2) Solomon, Leyikun		
3) Thomas, Andrew		
4) Selstad, Jake		
4 Cal St. San Marcos 'C'	3:39.27	1
1) Murphy, Hunter		
2) Williams, Michael		
3) Fateropa, Temidayo		
4) Ali, Nader		
5 Cal St. San Marcos 'B'	3:39.38	1
1) Burton, Jonathan		
2) O'Reilly, Timothy		
3) Sheehan, Leon		
4) Moalim, Isaq		
6 Chapman 'A'	3:43.49	1



Use Discount Code "FINISHED"

For 15% Off at: VSathletics.com



**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**...Men 1600 Sprint Medley Relay**

1) Epstein, Cody	2) Wilson, Donovan	
3) Ohara, Derek	4) Shigeyama, Hiroaki	
7 UC San Diego 'D'		3:44.86 2
1) Lee, Tristan	2) Hastings, Kyle	
3) Paulbitski, Trevor	4) Reuter, Gabriel	
8 Cuyamaca 'A'		3:47.82 2
1) Anders, Devin	2) Mitchell, Tyrel	
3) McElroy, Philip	4) Echols, Deandre	
9 Chapman 'B'		3:56.75 2
1) Doorandish, Evan	2) Rosen, David	
3) Janda, Benjamin	4) McCarthy, Max	
10 Cal St. San Marcos 'A'		4:08.30 1
1) Johnson, Myles	2) Dorsey, Jalen	
3) Welch, Walker	4) Leeds, Nick	

**Men Distance Medley Relay**

School	Finals
1 UC San Diego 'A'	10:08.09
1) Thomas, Andrew	2) Winding, Adam
3) Corvese, Tim	4) Blake, Samuel
2 UC San Diego 'B'	10:21.05
1) Nelson, Brad	2) Salgado, Kiasa
3) Selstad, Jake	4) Reuter, Gabriel
3 Cal St. San Marcos 'A'	10:27.01
1) Boaz, Trevor	2) Sheehan, Leon
3) Ali, Nader	4) Dorado, Phillip
4 Cal St. San Marcos 'B'	10:27.03
1) Pina, Ruben	2) O'Reilly, Timothy
3) Moalim, Isaq	4) Lehr, Kevin
5 Cal St. San Marcos 'C'	10:34.97
1) Marin, Robert	2) Burton, Jonathan
3) Rossman, Kyle	4) Litwiller, Josh
6 UC San Diego 'C'	10:45.76
1) Rodriguez, Jonathan	2) Brajevich, Derek
3) Paulbitski, Trevor	4) Milla, Marcos
7 Concordia (Cal.) 'A'	10:48.83
1) Dunagin, Jacob	2) Ayala, Miguel
3) Munguia Zaragoza, Jose	4) Brito, David
8 Vanguard 'A'	10:54.41
1) Rodriguez, Blake	2) Ramirez, Justin
3) Bartlebaugh, Justin	4) Callicott, Tate
9 Concordia (Cal.) 'B'	11:11.46
1) Suarez, Jacob	2) Kubalsky, Payton
3) Vaquilar, Michael	4) Branstetter, Trevor



Use Discount Code  
**"FINISHED"**

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**Men High Jump**

Name	Year	School	Finals
1 Aanstoots, Zachary		UC San Diego	1.95m
	1.75 1.80 1.85 1.90 1.95 2.00		
	O O O O O XXX		
2 Wiseman, Jack		UC San Diego	J1.95m
	1.80 1.85 1.90 1.95 2.00		
	O XO XO XO XXX		
3 Crotty, Garrett		UC San Diego	1.85m
	1.75 1.80 1.85 1.90		
	O XO XO XXX		
4 Leeds, Nick		Cal St. San Marcos	1.80m
	1.75 1.80 1.85		
	O XO XXX		
5 Chung, Dion		Concordia (Cal.)	1.75m
	1.70 1.75 1.80		
	XXO XO XXX		
5 McNabb, Daniel		Vanguard	1.75m
	1.70 1.75 1.80		
	XXO XO XXX		
-- Choi, Jonathan		UC San Diego	NH
	1.80		
	XXX		

**Men Long Jump**

Name	Year	School	Finals
1 Dorsey, Jalen		Cal St. San Marcos	6.06m
	5.53m 6.06m 5.78m 5.97m		
2 Truqui, Marco		UC San Diego	6.03m
	5.86m 6.03m 5.97m 6.02m		
3 Gray, Armond		Chapman	5.76m
	5.62m x 5.60m 5.76m		
4 Doorandish, Evan		Chapman	5.44m
	5.44m 5.38m		
5 McNabb, Daniel		Vanguard	5.22m
	x x 4.89m 5.22m		
6 Grobey, Elon		Chapman	5.13m
	5.13m 5.10m x		
7 Oswald, Noah		Cal St. San Marcos	5.02m
	4.78m 5.02m 4.94m		
8 Sacker, Michael		Cal St. San Marcos	4.83m
	4.83m x		
9 Elder, Tyler		Chapman	4.68m
	4.45m 4.68m		
-- Pontonuwu, Kevin		Unattached	FOUL
	FOUL x		
-- Regev, Dekel		Throwers Res	FOUL
	FOUL		



For Live Results  
Download the App



Use Discount Code  
"FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)



**San Marcos Mangrum Preview - 2/8/2020**

**CSU San Marcos**

**Results**

**...Men Long Jump**

-- Yoder, Nathan	UC San Diego	FOUL
FOUL x		
-- Tyler, Derek	Chapman	FOUL
FOUL x		
-- McGowan, D'Anthony	Vanguard	FOUL
FOUL x		

**Men Triple Jump**

Name	Year	School	Finals
1 Truqui, Marco		UC San Diego	13.07m
12.71m 12.90m 13.07m			
2 Oswald, Noah		Cal St. San Marcos	11.82m
11.74m 11.64m 11.82m			
3 Chung, Dion		Concordia (Cal.)	11.76m
x 11.76m 11.66m			

**Men Shot Put**

Name	Year	School	Finals	H#
1 Walkowiak, Blake		UC San Diego	15.85m	1
x x 15.09m 15.85m				
2 Tadepalli, Kushaal		UC San Diego	15.25m	1
14.02m 14.72m 14.25m 15.25m				
3 Lecakes-Jones, Devin		UC San Diego	15.02m	1
14.80m 15.02m 15.00m				
4 Fadden, Thomas		Cal St. San Marcos	14.10m	1
13.80m 13.76m 14.10m				
5 Amankonah, Matthew		UC San Diego	12.82m	2
12.37m 12.82m				
6 Kreins, Samuel		Concordia (Cal.)	12.81m	1
x 11.81m 12.81m				
7 Goodknight McGowan, Jade		Cuyamaca	12.42m	2
12.42m 11.66m x				
8 Tripp, Nathan		UC San Diego	12.40m	2
11.18m 12.04m 12.07m 12.40m				
9 Woodard, Ryan		Concordia (Cal.)	12.23m	1
12.23m x x				
10 Hidalgo, Damien		Cuyamaca	12.12m	2
11.83m 12.12m 11.79m				
11 Hedwall, Peyton		Concordia (Cal.)	11.93m	1
11.93m 11.77m 11.83m 11.77m				
12 Santiago, Mark		Cuyamaca	11.59m	2
9.93m 10.91m 11.42m 11.59m				
13 Nakata, Trevor		Cal St. San Marcos	11.18m	1
10.68m 10.88m 11.18m				



For Live Results  
Download the App



Use Discount Code  
"FINISHED"

For 15% Off at: [VSathletics.com](http://VSathletics.com)





**San Marcos Mangrum Preview - 2/8/2020**  
**CSU San Marcos**  
**Results**

**Men Discus Throw**

Name	Year School	Finals
1 Walkowiak, Blake	UC San Diego	47.52m
2 Fadden, Thomas	Cal St. San Marcos	44.74m
3 Garcia, Sebastian	UC San Diego	44.72m
4 Woodard, Ryan	Concordia (Cal.)	41.54m
5 Welch, Walker	Cal St. San Marcos	36.62m
6 Goodknight McGowan, Jade	Cuyamaca	33.60m
7 Hidalgo, Damien	Cuyamaca	33.47m
8 Santiago, Mark	Cuyamaca	30.20m

**Men Hammer Throw**

Name	Year School	Finals
1 Fadden, Thomas	Cal St. San Marcos	47.36m
2 Nakata, Trevor	Cal St. San Marcos	46.82m
3 Woodard, Ryan	Concordia (Cal.)	42.31m
4 Santiago, Mark	Cuyamaca	31.57m
5 Goodknight McGowan, Jade	Cuyamaca	30.93m
6 Kreins, Samuel	Concordia (Cal.)	30.24m
-- Baker, Jordan	UC San Diego	FOUL

**Men Javelin Throw**

Name	Year School	Finals
1 White, Christopher	Unattached	56.00m
2 Briski, Ian	Unattached	52.82m
3 Gillis, Joshua	UC San Diego	50.59m
4 McNair, Louis	Cal St. San Marcos	48.29m
5 Elliott, Jeff	Masters	42.07m
6 Johnson, Myles	Cal St. San Marcos	37.48m



Use Discount Code  
**"FINISHED"**

For 15% Off at: [VSathletics.com](http://VSathletics.com)

