

Palomino Eagle Relays

29th Annual Competition

Hosted By: Valley View & Ramona High Schools

MEET DATE: *Saturday March 7th, 2020*

TIME: Field Events 8:30am; Track Events 8:00am
(Field Event Warm-ups 7:45)

LOCATION: **Valley View High School**
13135 Nason St.
Moreno Valley, CA 92555

FACILITIES: *The meet is at Valley View High School. Stadium 5,000 seats. Eight-lane all-weather track. One concession stand. Breakfast & Lunch will be available. (Two **Free** coaches meal tickets will be provided in team packet) Trainer will be available for medical needs. (bring your own tape please).*

DIVISIONS: Schools will be divided as evenly as possible into two divisions (Small & Large) based upon the most current CBEDS enrollment information and team strength.

AWARDS: **Custom Medals** will be awarded to top 3 in each division
Team Plaques will be awarded to the top three (3) teams in each division

ENTRIES: Each school will be allotted one entry for each event in each division. Lane assignments will be randomly. ***You need to declare that you are going at athletic.net. "B" teams will be entered, so you can bring your whole team but to make sure you send an email to Lucky Jacobsen at ljacobsen@mvusd.net so we can plan for it.***

• **EVENTS:**

○ **Event Order:**

Race #1 (4 x shuttle hurdles 2 high 2 low) **Race #2** (8x200) **Race #3** (4x800) **Race #4** (4x100)
Race #5 (Sprint Medley 200,200,400,800) **Race #6** (4x1600) **Race #7.** (8x100) **Race #8** (4x200)
Race #9 (Distance Medley 1200,400,800,1600) **Race #10** (4x400) **Race #11** (WT. Mans relay 4x100)

○ **Field Events:**

Event #1 (3x Discus) **Event #2** (3x Shot-put) **Event#3** (3x Pole-Vault) **Event #4** (3x High Jump) **Event#5**
(3x Long Jump) **Event #6** (3x Triple Jump)

ENTRY FEES: Boys & Girls Team: \$375
Boys OR Girls ONLY: \$200

Please make checks payable to: **Valley View Track & Field Team**

Please send check to: c/o Lucky Jacobsen
Valley View High School
13135 Nason St.
Moreno Valley, CA 92555

MEET MANAGEMENT:

Should you have any questions, please contact:

Lucky Jacobsen
951-255-2806
ljacobsen@mvusd.net